



## FASTEREGLER

Vann, saft, eplejuice	1 time
Morsmelk/morsmelkserstatning	4 timer
Yoghurt/banan	4 timer
Mat/kumelk	6 timer

### Unntak/ forsiktighetsregler (individuell vurdering):

- Akutte barn
- Gastrointestinal sykdom
- Kirurgiske kontraindikasjoner
- Gastroøsofageal reflux
- Nyresvikt
- Alvorlig CP
- DM med gastroparese

*Ref. Consensus statement on clear fluids fasting for elective pediatric general anesthesia. Pediatric Anesthesia 2018. Preoperative fasting guidelines in pediatric anesthesia: are we ready for a change? Current Opinion in Anesth. 2018. Avdelingens prosedyre.*