

Quotes

"The quality register affects my relationship with the resident - and affects the resident themselves I expect - when stories, experiences and progress are shared"

Margareth Næss
Consultant
Veksthuset Rogaland

"KvaRus can be a good tool for following your own development during treatment"

Preben Sandanger
RIO

"KvaRus will be an important tool in developing better services and a good database for research in this field"

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KvaRUS

Substance use disorder
treatment in Norway:
What results have been achieved?
What characterises the patients?
What services are they offered?
What do patients think about
the treatment they receive?

What is a national medical quality register?

A national medical quality register is a systematic record of information about a particular patient group: their health and life situation at the start of treatment; treatment content and the patient experiences of the treatment; and, their progress during and after treatment. The aim is to use this information to develop better services for, and more knowledge about, the particular patient group.

Better knowledge - better treatment

The target group for this national quality register, KvaRus, are patients being treated under 'TSB' (Specialised Interdisciplinary Substance Use Disorder Treatment). The register contains information gathered at the start of treatment (the first phase of the TSB treatment program) and from regular updates taken in conjunction with set evaluation points in the treatment program. Further information is gathered at the end of the treatment program or when treatment is interrupted or stopped (the final phase of the TSB treatment program). Permission is sought to contact patients again, one year after the end of their treatment program, and to repeat the questions asked at the end of the final phase.



A national quality register require patients' informed consent. It is recommended that the patient participates in the entire registration process. In this way, the register can become a means for better dialogue between the patient and their medical professional and give them a good overview of the personal details that are entered on a national basis.

Information from KvaRus can be transferred to an individual's medical journal and used as a basis for treatment, initial assessment, evaluation points during treatment, patient-clinician meetings and the final discharge consultation of the treatment programme. When information from KvaRus is transferred to an individual's medical journal, it can help in assessing progress also inform the creation of any future treatment programme.

Full implementation of 'KvaRus' starts on 1st January 2020. An implementation plan is available which includes information, and details of meetings and courses. Leader networks, professional bodies and user groups will be encouraged to take part in the planning and implementation of the program's activities.

Building the register

TREATMENT PROGRAM

The basis of the register is the course of treatment, as described in the TSB treatment program. Registration starts with admission to the program and finishes on discharge of the patient. 'KvaRus' includes both a registration of the patient and an overview of the treatment program for that patient.

INITIAL REGISTRATION

The main aim at initial registration is to identify the scope of the patient's problems, how serious the patient themselves consider their substance use disorder to be, and their appraisal of their life situation.

REGISTRATION AT REGULAR EVALUATION POINTS

A description of the treatment is registered during regular evaluations, along with the patients current circumstances and feedback on the treatment they are receiving.

FINAL PHASE

At the end of the program, the result of the treatment is recorded as well as treatment following discharge.

One year after the conclusion of treatment, the patient's current life situation are recorded as well as the follow-up the patient has received.



TSB Treatment Program

